

4. Relationships:

Families and Parenting,
Fertility and Pregnancy,
Reproductive Health

Smoking, Vaping and Drugs, Blood and Organ Donation, Body Modification

2. Relationships:

Healthy and
Unhealthy
Relationships,
Consent,
pornography

1. Living in the Wider World:

3. Living in the Wider World: Personal Safety, First Aid

Staying safe online - misinformation and extremism

4. Living in the Wider World: Post-16 Options, Online Reputation, Work Values

5. Relationships:

Diversity in Relationships , Marriage (Forced Marriage) Equality Act Sexual Health Services

6. Health and Wellbeing:

Screen Time,
Cosmetic
Procedures,
Depression and
suicide

YEAR 10 RSHE

2. Relationships:

Pornography,
Relationship
Expectations,
Consent, Child
on Child Abuse
Misogyny online

1. Health and Wellbeing:

6. Living in the Wider World:

Gambling
Social
Influences,
young people
and gangs

5. Relationships: Sexuality and Consent, STIs and Contraception, Consequences of Pregnancy FGM Sex, relationships and the media

4. Relationships:

Marriage Unhealthy and Abusive Relationships
Consent Sexuality and Gender Identity
Introduction

YEAR 9 RSHE

6. Living in the Wider World

Challenging Gender Stereotypes,
Money and Choices
Mental Health and Emotions

1. Living in the Wider World:

Financial choices,
Working and Earning Money
Career Journey
Labour Market

2. Health and Wellbeing:

3. Health and Wellbeing:

Mental Health and Coping with Change / Loss
Self-Harm and Eating Disorders,
Dealing with loss

YEAR 8 RSHE

5. Relationships:

- Introduction to Contraception
- Introduction to Pornography

4. Living in the Wider World

Employability Skills
Creating the Life You Want
Decision Making
Leadership Skills

3. Relationships:

Self-Esteem
and
Confidence
Overcoming
Conflict and
Forgiveness
Consent and
Intimacy

2. . Health and Wellbeing:

Managing Risks and Personal Safety, Healthy Lifestyles, Peer Pressure Drugs and Alcohol.

1. Living in the Wider World: Online vs Physical World, Fake News and Social Media and Body Image

YEAR 7 RSHE

1. Living in the Wider World: Values, Personal Identity, Career Dreams and Goals

2. Relationships:

Diversity,
Friendships,
Bullying, Staying
Safe Online

3. Health and Wellbeing:

- Staying Healthy,
- Mental Wellbeing and
- Anger Management

4. Health and Wellbeing:

Social Media and Mental Health, Puberty and Menstruation

5. Relationships:

Healthy relationships,
Families,
Consent,
Copying with
change, Falling
in Love

6. Health and Wellbeing:

First Aid, Smoking and vaping