

Music for Youth Prom

On 11th November members of Jukebox, Vocal Group and Production Band travelled to London to perform at the Royal Albert Hall as part of the Music For Youth Prom. Students performed three pieces, all of which



presented lots of challenge, and they were part of a group of over 1000 young musicians showcasing their talents. We had a whole row to ourselves at the top of the choir stalls and therefore had an amazing view of the whole venue and all the differing acts on the two stages!

The students were a real credit to the school and teachers from other schools complimented some of them on their musicianship. We cannot wait to return again!

'It was a magical experience to perform there and inspirational to see the performances from so many different cultures.'

Elsie Cadman Cryer and Skylar Lambird

Mrs Dobbyn, Head of Music

Girls' Rugby Development Sessions at Havant RFC

On 22nd October, the girls travelled to Havant Rugby Club to take part in a touch rugby skill development session, led by the club's experienced girls' coaches. The session was a fantastic opportunity to learn new skills in a fun and supportive environment. The girls thoroughly enjoyed the experience and are now eager to join the club in January.

If you're interested in joining the Girls' Rugby Team, please contact Mr Humphrey for more details.

Mr Humphrey, Teacher of PE



Lionesses at St Mary's Stadium

On Tuesday 2nd December, we took our students on an exciting trip to St Mary's Stadium to watch the Lionesses take on Ghana. The atmosphere was electric, and the visit gave the students a chance to experience top-level women's football up close.

From cheering in the stands to seeing their sporting role models in action, it was an inspiring and memorable day for everyone involved.

Miss Tofte, Teacher of PE



News

Dear Parents

Welcome to the final Cowplain School newsletter of 2025!

As always, it's a packed edition which showcases just some of the experiences in which our students have participated.

I am always struck by the community focussed things that schools do; for example, in this edition you'll read about the 'Restart a Heart,' training in which all of Year 8 participated. Sadly, it's very likely that one or more of those children, trained by South Coast Ambulance Service, will need to employ their training at some point. By offering this at school we are hopefully equipping them to do so effectively if ever needed. We also held events to raise money for *Children in Need* and participated in the 'Let's Make Music' Community Project, which involved our students working with the older generation.

At the time of writing Mrs Davies is very busy organising our annual Christmas Appeal. This year we are supporting over 170 families with vouchers and some treats to help them, at what is a very expensive time of the year, and I would like to take this opportunity to thank you for your donations to the appeal, which stand at about £200.

The last week of school is always an interesting time, and this year is no different! We have the 12 Days of Christmas Raffle, which rewards those who attend every one of those last 12 days; the Top 40 event; Festive Friday; sweet drops etc. However, we keep the learning going until the last lesson and it's important that children attend right up to that time.

One of the events taking place in this last week of term is the school show, 'Shrek the Musical.' As always it was a great show and I can't remember a time when we had so many children involved, whether acting, singing or dancing, playing in the orchestra or working backstage. It really was a fantastic event and so a big thank you goes to our performing arts team for their dedication in bringing it to the stage. I am sure next half-term's newsletter will contain lots of pictures from the show!

It is only left to me to thank you on behalf of the school for your continued support over the course of 2025 and to wish you and your family a very Merry Christmas and Happy New Year. We look forward to continuing to work successfully with you and your child during 2026.

Mr I R Gates, Principal



www.cowplainschool.co.uk

Lionesses



Please see back page for more photos and information of the trip to St Mary's Stadium.

Reminder:

Term finishes:

Thursday 18 December 2025 at 12.20pm

INSET Day:

Friday 19 December 2025

Christmas Holiday:

Monday 22 December 2025 to Friday 2 January 2026.

School reopens on Monday 5 January 2026

(Week 2)

Let's Make Music Community Project

On 20th October, students attended the 'Let's Make Music' Community Project. The students were absolutely fantastic and several people commented on how they were a credit to the school.

Hellen Bach, the project organiser, said:

I have always thought that mixing younger people with some of our older generation would be exciting and innovative, and with Janet Ayers leading the group, you all showed me this is true.

Your students were involved and enthusiastic from the start and mixed well. The time just flew by and in the end the final song you all wrote was just lovely.

I hope it has given everyone encouragement to do more and to have a go!!

Mrs Dobbyn, Head of Music



Bhaktivedanta Manor

On Tuesday 18th November we took four students to Bhaktivedanta Manor in Watford for a day of learning about Hinduism. The building itself was donated by a member of The Beatles, George Harrison, and there is a garden dedicated to him with his song lyrics hidden amongst the plants. As well as walking around the building, the students took a cart pulled by oxen to feed the cows in the Goshala, discussed the main teachings and beliefs of Hinduism and observed worship in the shrine room. Lunch was provided and enjoyed by all! Finally the students took part in a yoga and meditation session which meant we all went home feeling very relaxed.

Student comments included: 'Loads to see and learn' **Grace**, 'The curry was delicious and our guide was helpful and friendly' **Tristan and Aidan**, 'Seeing the place of worship and the life size Murtis and hearing the songs of worship was really fun and informative' **Eleanor**.

Miss Maule, Head of E&P



Children in Need 2025

Students and staff raised £798.67 for Children in Need on Friday 14th November 2025.



Restart A Heart

On 16th October all of our Year 8 students took part in Restart a Heart Day – an important event dedicated to teaching young people how to perform CPR and potentially save a life.

Throughout the day, students learned how to recognise a cardiac arrest, call for help, and carry out hands-only CPR under the guidance of trained instructors and local emergency service volunteers. The sessions were hands-on, engaging, and empowering, giving every student the chance to practise these vital skills.

The aim of Restart a Heart Day is to build confidence and awareness so that more people feel able to step in and help during an emergency. Our Year 8s showed fantastic enthusiasm and teamwork – we're proud of their effort and maturity in taking part in such a valuable learning experience.

Well done, Year 8! You've taken an important step toward becoming lifesavers in our community.

Mrs A-C Clemas, Assistant Headteacher

We received an email from Carol Carter, Community First Responder and CFR Co-ordinator Waterloooville from South Coast Ambulance Service:

I just wanted to say what an absolute pleasure it was to come in to deliver the RAH training at Cowplain School again yesterday. Your Year 8 students were delightful, fully engaged in the training and extremely well behaved. Please pass on our thanks to the Year 8 students and tutors.

We look forward to seeing you next October.



NHS
South Central
Ambulance Service
NHS Foundation Trust



Children in Need 2025

The money was raised through a non-uniform day, where students and staff were encouraged to dress up, and through a cake bake sale. Well done to all those who took part.

