

## Year 8: Restart A Heart Day 2018

On 16 October members of the South Central Ambulance Service spent the day at The Cowplain School teaching our Year 8 students cardiopulmonary resuscitation, or CPR, and showing them how to give lifesaving care to someone having a cardiac arrest.

We are very pleased to have been able to support this initiative to provide essential training to our Year 8 students - they certainly seemed to enjoy the day! This event was part of a large scale national partnership between all 14 UK Ambulance Trusts, The British Heart Foundation, British Red Cross, St John Ambulance and the Fire and Rescue Service working together to create a truly unforgettable day.



*"I thought it was fun and interesting and now I know how to help someone and keep them alive"* Beth Potter

*"I thought it was interesting and it is nice to know what to do in case you are in that situation"* Olivia Clinton

*"I really enjoyed it, it was fun and they taught us really well and I now know a lot more than before I came in here"* Leya Sadler

*"It was good because you learn how to save someone's life"* Elliott Ruddock

Restart a Heart  
day  
16 October 2018



All Citizens of the World  
can save a life!

## Christmas Jumper Day

Our students and staff raised  
£667.06 for Save the Children.



## Children in Need

Our students and staff raised  
£751.01 for Children in Need.



## The Red Box Project

A community project set up to tackle period poverty and provide period products to any young person who needs them. The Red Box contains underwear, pads, tampons and brown paper bags (for discretion).

The project believes that all young people deserve equal access to education and that access to period products is essential to this. **No one should miss school because of their period.**



The school's  
Red Box is  
located in the  
Medical Room



Happy Christmas  
and a  
Happy New Year!



THE  
COWPLAIN  
SCHOOL

## News

Welcome to our final newsletter of 2018!

As usual, the school has been extremely busy this half-term and it is impossible to fit everything in to this newsletter; however, I hope I can update you about a few experiences in which our students have been engaged.

This week we are enjoying the school show, Legally Blonde. I can honestly say that the shows get better and more professional every year! It really was a great show and a perfect way to end the 2018 school year as we move into the Christmas break. There were some fantastic stand out performances, but the whole cast performed brilliantly. A special mention also for the band; most schools do not have a live band and it is hugely impressive that our brilliant actors were complemented by live music.

Last week, we started holding our end of term celebration assemblies and I was really pleased to hand out so many certificates to hard-working students and recognising their efforts over the last term.

The end of term provides a good break for our Year 11 students, who recently completed their mock examinations. The results are encouraging for the majority of them and reflect their hard work over the term. Of course, these results do not contribute to the final outcome of the GCSEs in the summer but the signs so far are positive. Parents, please keep encouraging your child to continue to work hard – it's worth it!

We also received some excellent news in the last month from The Football Foundation. Many of you know that we had to stop work on relaying the base and carpet of the All Weather Pitch (AWP) when it was discovered that the original base was in a poorer state than first thought and would require replacing, something that wasn't originally planned. I am very pleased that the Football Foundation has generously increased its grant to the school, allowing work to start again. The pitch should be completed around February half-term and will undoubtedly be the best AWP in the area, providing a great facility for our children and members of the local community.

Finally I would like to wish you and your family a very merry Christmas and a happy New Year and look forward to welcoming your child back to The Cowplain School in 2019.

Mr IR Gates, Headteacher

[www.cowplainschool.co.uk](http://www.cowplainschool.co.uk)

## U13 Girls Football

The U13 Girls Football team took part in the EFL Cup Tournament in Portsmouth. The girls won four games and lost two, playing very well. They received compliments from other teachers at the event as well as the Portsmouth Youth Football Team who watched. The girls' behaviour, effort, attitude and teamwork was outstanding. The U13's Girls Football team are still in the Hampshire Cup with the 3<sup>rd</sup> round fixture being announced soon.



Reminder:

School reopens at 8.15am on  
Monday 7 January 2019.

Work hard. Enjoy learning. Achieve highly.

Work hard. Enjoy learning. Achieve highly.



December 2018

## Year 10: French Restaurant trip

Year 10 French students were invited to go for a typical French/Swiss lunch, a meal called Raclette. This traditional dish can be described as melted cheese eaten with boiled (or roasted) potatoes with small gherkins and pickled onions.

At the French restaurant 'Cheese and Cheers' in Southsea, the students decoded the French menu, which they used to order their food having revised key language in a role play scenario. All students made an excellent effort to communicate with the French staff at the restaurant and everyone enjoyed trying new flavours and food combinations. The students were excellent ambassadors for the school and this was a well-deserved treat for their hard work in French this year.



## Top of the Bench Competition

Vi Huynh (Y11), Stuart Oliver (Y10), Makayla Chaplin-Abbs (Y9) and Jacob Racklyeft (Y9) took part in the Chemistry challenge at Portsmouth Grammar School. They were assessed on their teamwork, scientific knowledge and application of that knowledge to the chemistry challenges.

There were 8 schools attending this year and Cowplain was up against private schools as well as state schools. The team won a trophy for being the best at working as a team.

At the end of the day Professor David Read from Southampton University performed some exciting Chemistry demonstrations.



## IET Faraday Challenge Day

The Institution of Engineering and Technology held their annual Faraday Challenge at The Cowplain School. The day gave students the opportunity to research, design and make solutions to genuinely tough engineering problems based around the James Webb Space Telescope. We were joined on the day by a team from Horndean Technology College who provided excellent competition, however it was a team from Cowplain who proved victorious! The winning team comprised of Evie Taylor, Jocie Dunmore, Joseph Mosley, Nathan Sewell, Grace Xerri and Jack Pursglove who all excelled at designing a transport device for the telescope.

Well done to all who took part.

Mr Goddard

## The Cowplain School Remembers

Two year 9 students had the amazing experience of joining students from 10 other schools to visit the World War One battlefields of Belgium and France, on the eve of the 100<sup>th</sup> anniversary of the end of the war. The students visited places where the actual battles were fought, standing in the trenches where men aged only four or five years older than them lost their lives. They experienced life in a dugout 30ft underground, held the weapons, wore the kit and saw the dangers the men faced on a daily basis.

One of the most eye opening moments of the visit were trips to the Somme battlefield. As well as visiting the trenches, the students went to the Thiepval memorial, where they found the name of a local soldier, George Lintott, from Purbrook. George was only 19 years old when he died on the first day of the battle of the Somme, along with 19,000 other British soldiers.

The students took part in a wreath laying ceremony at the Menin Gate, as well as attending a play about the trenches held in an ammunition bunker. It was a visit that will live long in their memories.



*"We saw many battlefields and graves; this really changed how we looked at the war because of the atmosphere around us and just to see how many soldiers actually lost their lives. This trip really changed our view of the First World War and was an amazing trip to go on."*  
Charlie Reade



## Thanks from Compton and Up Marden CE School

*Just a note to say thank you very much for your help, guidance and support to enable Jack to join us once again here at Compton and Up Marden CE School.*

*Jack performed beautifully and was an absolute credit to The Cowplain School.*

*I have attached a photograph of Jack with 3 pupils in front of our Remembrance display.*

*Please convey our thanks to Mr Gates for giving permission, a note to Jack from all of us here at Compton and Up Marden will follow in the post.*

*Wishing everyone at Cowplain all the very best.*

Mrs Carol Crews  
School Secretary  
**Compton and Up Marden CE School**

