

## **ENRICHMENT PROGRAMME**

Day	Department	Suggested Activity	Brief Description	Year Group(s)	Duration- 1/2 hours	Location	Staff Initial
Monday	Business/L&T	Period 6 - Revision	Revision and one on one help	9,10,11	1 hour	Bus 2	LBO
Monday	DoE	Duke of Edinburgh	As normal	9,10,11	1 hour	E7	RBR
Monday	Drama	Show rehearsals	Rehearsals for school show	Autumn 7 to 11 Spring or Summer -7,8	2 to 3 hours	Drama room / hall	TLN
Monday	English	Year 9 and 10 book group	Weekly meetings to choose a book and then discuss it.	9, 10	1 hour	E6	EDS
Monday	English	Literacy/Exam Support		9, 10, 11		E4	СРІ
Monday	History	Year 9-10 History revision	Focused revision content and exam	9,10	1 hour	H2	EBR
Monday	IT	KS4 homework catch-up ICT and Computing		9,10,11	1 hour	IT1	RCL
Monday	L/Support	LS Homework club		All	1 hour	LS	SBN
Monday	L/Support	Gardening Club		SEN students	1 hour		SWN
Monday	Library	Access to Library facilities		All	1.5 hours	Library	K Milford
Monday	Maths	Code breaking	Southampton University Cipher Challenge	7,8,9,10	1 hour	M1	TWN
Monday	MFL	KS4 homework catch-up French and		9,10,11	1 hour	MFL 2	JER
Monday	Misc	Running Club	Always wanted to give running a go? Now's	All years + staff welcome	1 hour	Meet in IT2	JSY
Monday	Music	Show rehearsals	Rehearsals for school show	Autumn Y7-11	2 to 3 hours	Drama room / hall	SDN
Monday	PE	Football		9	1 hour		TBA
Monday	Science	KS4 Science Homework Club		9,10,11	1 hour	Lab 3 (lab 7 during refurb)	MOR
Tuesday	Drama	Show rehearsals	Rehearsals for school show	Autumn Y7-11 Spring or Summer - Y7 & 8		Drama room / hall	TLN
Tuesday	E&P	Homework & Revision	Help with home learning and revision (subject	All years	1 hour	E&P 1	JME
Tuesday	English	English Mastery	Develop an enjoyment of writing through a range of fun activities	7,8,9	1 hour	E3	RLS
Tuesday	Geography	Exam skills practice		9	1 hour	geog	LBH
Tuesday	L/Support	LS Homework club		All years	1 hour	LS	SBN
Tuesday	L/Support	Exam skills practice	Focus on specific exam skills for those struggling	9,10,11			
Tuesday	L/Support	Exam skills support	Extra support for a select few	All years			



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Tuesday	L/Support	Art Club		SEN students	1 hour	LS	ROY
Tuesday	Library	Access to Library facilities		All	1.5 hours	Library	K Milford
Tuesday	Maths	Maths Mastery	Practising key maths skills through a range of	7,8,9	1 hour	M7	AST
Tuesday	Media	Media revision	Focused revision content for y11, CA support	9,10,11	1 hour	H2	JBN
Tuesday	Music	Show rehearsals	Rehearsals for school show	Autumn Y7-11	2 to 3 hours	Drama room / hall	SDN
Tuesday	Psychology Child Development	Homework & Revision	Assistance with any aspects of the course	9, 10, 11	1 hour 2.30 pm -	A3	CWS
Tuesday	Science	Board Game/Chess Club		All years	1 hour	Lab 5	PMW
Tuesday	Science	STEM Enrichment		7,8,9	1 hour	Lab 1	кдт
Tuesday	Science	STEM Enrichment		7,8,9	1 hour	Lab 1	Louisa (NQT))
Wednesday	Business/L&T	H/W Club	assistance with completing H/W	9,10,11	1 hour	Bus 2	LBO
Wednesday	E&P	Homework & Revision		All years	1 hour	E&P 1	JME
Wednesday	English	KS3 Mindfulness through colour	Meditative and destressing colouring	7,8, 9	1 hour	E8	SSH
Wednesday	History	History homework club	Help for KS3-4 with history home learning tasks. Access to laptops, resources etc. and	All years	1 hour	H1	JBN/EBN
Wednesday	History	Mentoring		9	1 hour	EN2	EBR
Wednesday	History	History Masterclass	We will explore the real stories of the local men of Cowplain who died in World War I.	7, 8, 9	1 hours	History 2	EBN
Wednesday	IT	Masterclass - Animations	Using Flash to animate - staff welcome	7,8,9 + staff welcome!	1 hour	IT4	JSY
Wednesday	L/Support	LS Homework club		All years	1 hour	LS	EBY
Wednesday	Library	Access to Library facilities		All	1.5 hours	Library	K Milford
Wednesday	MFL	Masterclass - Survival French	Key phrases to get by when on holiday in	7,8,9 + staff welcome!	1 hour	MFL 1	ACS
Wednesday	Music	The Cowplain School Jukebox	Learning pop covers by ear	All	1.5 hours	Music	SDN
Wednesday	PE	Rugby		7,8, 9	1 hour		TBA
Wednesday	PE	Netball		7,8,9	1 hour		TBA



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Wednesday	Science	KS4 STEM Master Classes/Crest Awards	e.g. cross-stitching etc.	All years	1 hour	Lab 8	SGN
Thursday	Library	Access to Library facilities		All	1.5 hours	Library	K Milford
Friday	Dance/PA	Masterclass	ISTD Ballet, tap or modern, LAMDA	All years	2 hours	Dance studio	MLG
Friday	English	Yoga: how to use movement and breathing to support you in being your best.	We will explore, how to use stretches and poses to support areas of yourself that need nourishing both mentally and physically. Using the Asanas and Pranayama practices of yoga, will encourage positivity and restfulness into your everyday routine, which will help with physical strength, flexibility, ailments, worries, and tiredness. Girls can come to learn how to use yoga (and chocolate) to make the best of your fluctuating energies throughout your cycle of the month.	9,10,11 girls	1 hour	E4	ARL
Friday	Library	Access to Library facilities		All	1 hour	Library	K Milford
Friday	Drama	Show rehearsals	Rehearsals for school show	Autumn Y7-11 Spring or Summer - Y7 & 8	2 to 3 hours	Drama room / hall	TLN
Friday	Music	Show rehearsals	Rehearsals for school show	Autumn Y7-11 Spring or Summer - Y7 & 8	2 to 3 hours	Drama room / hall	SDN
Friday	L/Support	HW support KS4		All years	1 hour	LS	SBN